

45 -hour
victim
advocacy
course

CHOOSE POSITIVITY
DEFAULT TO TRANSPARENCY
FOCUS ON SELF-IMPROVEMENT
BE A NO-EGO DOER
LISTEN FIRST, THEN LISTEN MORE
COMMUNICATE WITH CLAIRTY
PRACTICE VULNERABILITY
EMBRACE COLLABORATION
MAKE TIME TO REFLECT
LIVE SMARTER, NOT HARDER
GRATITUDE. GRATITUDE.
DO WHAT IS RIGHT. EVEN IF IT IS SCARY

advocacy
to change “what is”
into “what should be”

This course is
pre-approved towards
Crime Victim
Advocate Certification
through the NACP.

NACP
National Advocate
Credentialing
Program

45 -Hour Victim Advocacy Course

Instructors:
Myra Strand

Basic Course Description:
What you'll learn:

The 45- hour victim advocacy course is designed for advocates who are new to victim services and is structured to teach participants human centric, trauma informed advocacy skills. Participants will be prepared to work in victim advocacy arenas, such as domestic violence shelters, crisis centers, crisis hotlines, and with state and county governments to assist crime victims in progressing through the criminal justice system and toward successful recovery.

The 45 hour curriculum meets the requirements for the [National Advocate Credentialing Program](#) through the National Organization for Victim Assistance (NOVA).

Objectives:

- To provide a history of the advocacy movement
- To provide a deep understanding of crime victims' rights
- To look at the both the civil and criminal justice systems
- To train advocates to be human-centric, trauma informed
- To explore trauma, complex trauma and other biological response to adverse experiences
- To help advocates explore their own implicit bias and to work through an intersectional lens
- To inspire a dedication to professional health and wellness both individually and organizationally.

Course Modules:

Module One- Being Human:

Case for change, Vicarious Trauma, demoralization, burn out, unrealistic expectations, Self-care (individually, organizationally), Organizational trauma and healing

Deep Crime Dive: Offenders and Cross Over Research

5 hours

Module Two- History of the Movement:

Crime Victims' Rights (Federal and State), Civil System, Criminal System

Deep Crime Dive: Stalking/ Domestic Violence/ IPV

5 hours

Module Three-Implicit Bias:

Applied Intersectionality and Marginalized Communities

Deep Crime Dive: Sexual Assault and Rape

5 hours

Module Four-Psychophysiological response to trauma:

Trauma and Complex Trauma

Deep Crime Dive: Human Trafficking

5 hours

Module Five-Human Centric, Trauma Informed Response and Care:

(ethics, confidentiality, grievance), elements of trauma informed service delivery

Deep Crime Dive: Child Abuse

5 hours

Module Six-Being an advocate:

what does it mean, self-prep and mindset, empowerment model, "how" to connect with clients

Deep Crime Dive: Assault

5 hours

Module Seven- Tools of the Trade:

immediate response to crisis, case management, long term response to crisis, safety planning, lethality assessment, informed consent, breaking it down, use of index cards, getting creative, dogs

Deep Crime Dive: Strangulation

5 hours

Module Eight-After Care:

EMDR, Yoga, Somatic Experience, Organic Intelligence, Ecstasy and other drugs

Crime Type Dive: Sexual Harassment: it is actually a Crime

5 hours

Module Nine-Cultivating the advocates complicated voice:

Principled Negotiation systems advocacy, CCRT, SART, MDTs, Review Boards

Crime Type Dive: Death (unattended, homicide, suicide)

5 hours

Pre-requisites: There are not pre-requisites for this training.

This course includes (an estimated)

- 12- hours on-demand video
- 2 -hours live scheduled course
- 35 articles
- 15 downloadable resources
- Interesting homework assignments in each module
- 9 class discussions
- Certificate of Completion

Who this course is for:

- Crime Victim Advocates, both system and community based. Allied professionals welcome.