



45 -Hour Victim Advocacy Course

Lead Instructor: Myra Strand

Russell Strand has provided recorded webinars discussing various crime types described as “Crime Deep Dives”

Basic Course Description:

What you'll learn:

The 45- hour victim advocacy course is designed for advocates who are new to victim services and is structured to teach participants human centric, trauma informed advocacy skills. Participants will be prepared to work in victim advocacy arenas, such as domestic violence shelters, crisis centers, crisis hotlines, and with state and county governments to assist crime victims in progressing through the criminal justice system and toward successful recovery.

The 45 hour curriculum meets the requirements for the [National Advocate Credentialing Program](#) through the National Organization for Victim Assistance (NOVA).

Pre-requisites:

There are not pre-requisites for this training.

There are (9) Modules, each module takes ~5 hours to complete

This is a “Drop-In, On-Demand”

Upon registration, Myra Strand will connect with you and schedule your course orientation to be delivered live. You will have 3-months from course orientation to complete the course. Myra will provide feedback and processing on each assignment.

Who this course is for:

Crime Victim Advocates, both system and community based. Allied professionals welcome.

Objectives:

- To provide a history of the advocacy movement
 - To explore ethics and boundaries
 - To provide a deep understanding of crime victims' rights
 - To look at the both the civil and criminal justice systems
 - To train advocates to be human-centric, trauma informed
 - To explore trauma, complex trauma and other biological response to adverse experiences
 - To help advocates explore their own implicit bias and to work through an intersectional lens
 - To inspire a dedication to professional health and wellness both individually and organizationally.
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Module One- Being Human:

Case for change, Boundaries and Ethics, Vicarious Trauma, demoralization, burn out, unrealistic expectations, Self-care (individually, organizationally), Organizational trauma and healing

Deep Crime Dive: Offenders and Cross Over Research

- illustrate cross-over
 - challenge silos
 - third persona
 - some people cannot be social worked (in a nice way)
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Module Two- History of the Movement:

Crime Victims' Rights (Federal and State), Civil System, Criminal System, Victims Compensation

Deep Crime Dive: Stalking/ Domestic Violence/ IPV

- DV 101
 - Stalking (use of technology)
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Module Three-Implicit Bias:

Implicit Bias, Confirmation Bias, Applied Intersectionality and Marginalized Communities

Deep Crime Dive: Sexual Assault and Rape

- Men too
 - Sexual Violence
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Module Four-Psychophysiological response to trauma:

Trauma and Complex Trauma

Deep Crime Dive: Human Trafficking

- buyers
- sellers
- victims

-US dynamics

Module Five-Human Centric, Trauma Informed, Healing Inspired Response and Care:
(Ethics, Confidentiality, Grievance), Elements of Trauma Informed Service Delivery Thinking Beyond Trauma Informed into Healing, Assets and Transformations.

Deep Crime Dive: Child Abuse

-physical and sexual abuse
-neglect

Module Six-Being an advocate:

What does it mean, Self-prep and mindset, Empowerment model, “How” to connect with clients

Deep Crime Dive: Assault

-non-DV, non-SA assault

Module Seven- Tools of the Trade:

Immediate Response to Crisis, Case management, Long term response to crisis, Safety planning, Lethality Assessment, Informed consent, Breaking it Down, Use of Index Cards, Getting Creative, Dogs

Deep Crime Dive: Strangulation

-Forensic Strangulation Exam
-Dynamics strangulation

Module Eight-After Care:

EMDR, Yoga, Somatic Experience, Organic Intelligence, Ecstasy and other drugs

Crime Type Dive: Sexual Harassment: it is actually a Crime

-dynamics of sexual harassment
-test balloons

Module Nine-Cultivating the advocates complicated voice:

Principled Negotiation Systems Advocacy, CCRT, SART, MDTs, Review Boards

Crime Type Dive: Death (unattended, homicide, suicide)

- advocate for investigation
-staging
