



**Strand<sup>2</sup> Squared**  
A Paradigm Shift Solution

### **Advocacy and Case Management: The Tangible skills**

this course pairs nicely with:

How to make the most of your Advocacy: being an advocate is tough

*“We must always take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented.” -Elie Wiesel*

Experiencing a victimization such as rape, domestic violence, child abuse or human trafficking can be the most complicated and devastating of experiences. Lauren von Bernuth wrote about her experience with rape *“It’s to have your soul murdered. It feels like someone taking a knife and stabbing your soul over and over until nothing is left but the bloody remnants of what was once self-worth and self-love.”*

Research articulates that when a victim of crime has support and assistance directly after victimization, they are more likely to transcend and heal back to a place where they can potentially resume living- which is ultimately the goal. Victim advocates support victims, witnesses and their communities with emotional support, assisting with accessing their rights, providing education, assisting with navigational choices and helping them through the various systems. It is not an easy job for many reasons.

This presentation will be a technical course *focused on skill building through group work, practical exercise and “really getting in the weeds” on:*

- How to be human centric, trauma informed and beyond
- How to conduct safety planning and lethality assessment
- We will make a case for case management as advocacy.
- How to create an evaluation plan that focuses on clients providing meaningful feedback.
- Understanding that professional wellness is an ethical responsibility.

We will provide tools and resources that can be taken back to the agencies and applied towards change. Participants will be encouraged to identify areas/ systems/ policies/ protocols in their communities that can be changed.

#### **Objectives:**

- provide overview on human centric, trauma informed services
- look at tools beyond being trauma informed
- provide tools and resources towards change
- provide skill building in the area of safety planning
- provide skill building in the area of lethality assessment
- provide skill building for program evaluation
- provide skill building around case-management